

## NAKED AND UNASHAMED

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Gen 2:7-8 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. And the LORD God planted a garden eastward in Eden; and there he put the man whom he had formed.

Gen 2:18 And the LORD God said, It is not good that the man should be alone; I will make him an help meet for him.

Gen 2:21-25 And the LORD God caused a deep sleep to fall upon Adam and he slept: and he took one of his ribs, and closed up the flesh instead thereof; And the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man. And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh. And they were both naked, the man and his wife, and were not ashamed.

Whenever God created Adam and Eve, He created them naked and the Bible says that they were unashamed. God created us in His image, but He also created us to be vulnerable, susceptible and exposed.

We all like to be strong but we don't want to be seen as weak. We don't want to be vulnerable. Naked and unashamed would not describe most of us. However, God made us vulnerable, not by accident but by design and it's a strange truth that we admire vulnerability in other people but we don't want to be vulnerable ourselves.

In order to be saved, we must be vulnerable. We must be honest. We must be willing to confess our sins.

If we are willing to allow God to see our nakedness, He will take away our shame.